

Menús – Lunch Menus

[Two dishes (starters and/or main courses) plus one dessert plus one drink.
Garnish can be served as side-dish or as main course.]

LUNES - MONDAY 28/6/2010
Ensalada de arroz (sin carne) – Rice salad (✓)
Ensalada mixta – Mixed salad (✓)
Macarrones con tomate – Tomato Macaroni (✓)
Atún al Horno – Baked tuna
Estofado de Ternera – Veal stew
> Guarnición de Patatas y Verduras – Potato and vegetable garnish (✓)
Postre y Bebida - Dessert and drink

MARTES - TUESDAY 29/6/2010
Ensalada Tropical – Tropical salad (✓)
Ensalada mixta – Mixed salad (✓)
Canelones gratinados - Grated Cannelloni
Bacalao a la bilbaína - Cod served with ham peppers and chillis
Escalopines de ternera carbonada –Veal scaloppine
> Guarnición de Patatas y Verduras - Potato and vegetable garnish (✓)
Postre y Bebida - Dessert and drink

MIÉRCOLES – WEDNESDAY 30/6/2010
Porra Antequerana – <i>Thick gazpacho</i> (✓)
Ensalada mixta – Mixed salad (✓)
Fideuá a la marinera – Seafood paella (with noodles instead of rice)
Filete de merluza horneado – Baked hake fillet
Pollo al ajillo – Garlic chicken
> Guarnición de Patatas y Verduras - Potato and vegetable garnish (✓)
Postre y Bebida - Dessert and drink

JUEVES – THURSDAY 1/7/2010
Ensaladilla Rusa – Russian salad (✓)
Ensalada mixta – Mixed salad (✓)
Paella de arroz con verdura – Paella with vegetables (✓)
Cazón en adobo – Fried marinated dogfish
Salchichas al vino blanco - Sausages in Wine Sauce
> Guarnición de Patatas y Verduras - Potato and vegetable garnish (✓)
Postre y Bebida - Dessert and drink

VIERNES – FRIDAY 2/7/2010
Ensalada campera – Potato salad
Ensalada mixta – Mixed salad (✓)
Macarrones con tomate – Tomato Macaroni (✓)
Dorada a la Espalda - Grilled fish (gilthead bream)
Magro con tomate – Chopped lean pork with tomato
> Guarnición de Patatas y Verduras - Potato and vegetable garnish (✓)
Postre y Bebida - Dessert and drink

[Participants with special needs not contemplated here, please contact the organization.]